

Revitalizing How We Serve Sitting at the Feet of the Storyteller



Artist Unknown

We are what our thinking makes us.
~Nigerian Proverb

If we wonder often, the gift of knowledge
will come.
~Arapaho Proverb



Before we begin,
let's pause, take a breath,
center ourselves, and
remember.

We are on the lands of
Indigenous People whose
ancestors resided where we
are now since time
immemorial.

I also pause to acknowledge
the enslaved African People
whose labor was exploited for
generations to help establish
the economy of the United
States.





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Shared Intentions



1. What is Early Relational Health (ERH)?
2. Indicators of wellbeing & vulnerability
3. ERH-Conversations (ERH-C) Model
4. Next steps
5. Q & A



What is Early Relational Health (ERH)?

What are signs of early relational health & vulnerability?







Behavior has different meanings to different people.

We can't assume the meanings we make are correct.





Early Relational Health-Conversations (ERH-C)

- HealthySteps –D.C.
- Rationale for the study
- Small sample of HSS, African American families & babies
- Rich data: Descriptions of situations, intents, feelings, reflections, challenges, solutions

The recording half of the session was most useful because it helped me ponder and gave me time to interact with him. The discussion portion was also helpful because I can see how my child and I can interact differently, and it raises new ideas on what to do with him. I could also see my child's growth in the things we do at home.

You are the first person that heard what I had to say.

I loved this because I love trying new things. I want to see more opportunities like this because I learned a lot as a first-time single mom.

**Families
said...**

I was excited to try it. This [ERH] is a very interesting subject. It's a chance to see and understand how your baby interacts with you.

Outcomes



- Goodness of fit
- Discourse changed
- Family engagement changed
- An 8-component model emerged





Family-Centered
Non-Dominant Sources of Wisdom

Enter to Learn; Depart to Serve. Mary McLeod Bethune



Work Expansion: ERH Collaborative; INfancy Onward; ERH Research Network

**If you want to go fast, go alone.
If you want to go far, go together.**

African Proverb



THANK YOU!

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